

Fresh • Local • Organic

Sales Effective: Friday, July 17
thru Thursday, July 23, 2026



**New York
Boneless
Strip Steaks**
Certified Angus Beef

\$15⁹⁹
lb.



**Shoulder
Lamb Chop**
\$8⁹⁹
lb.

**Seafood
Salad**
The Market's Own
\$7⁹⁹
lb.



Cod Loins
Wild Caught
From Iceland

\$21⁹⁹
lb.

**Crab Leg Or
Flake Style**
Trans Ocean Imitation
8 Oz Pkg

\$3⁹⁹
ea.

**Cleaned Squid Tubes
& Tentacles**
Wild Caught • From Thailand
Previously Frozen

\$11⁹⁹
lb.



Veal For Stew

\$11⁹⁹
lb.



Beef Short Ribs
Certified Angus Beef

\$8⁹⁹
lb.



**Whole Bone-In
Chicken Breast**
Bell & Evans
\$4⁹⁹
lb.

**Split Chicken
Breast**
Bell & Evans
\$4⁹⁹
lb.

Dairy Deals. . .

**Noosa Lil' Tub
Yoghurt**
Selected Varieties
4.5 Oz Cntr

5/\$5



**Califia Organic
Almondmilk**
Coconutmilk • Oat Milk • Soy Milk
Selected Varieties • 48 Fl Oz Or Creamer
25.4 Fl Oz Btl
\$4⁹⁹

**Nellie's Free Range
Large Eggs**
Or Extra Large • Brown
12 Ct Crtn
\$3⁹⁹

**Stonyfield Organic
Kids Yogurt 6 Pack**
Selected Varieties
16 To 24 Oz Pkg
\$4⁹⁹

**Land O Lakes
Soft Spread**
Selected Varieties
15 Oz Cntr
\$3⁹⁹

**Reddi Wip
Whipped Topping**
Selected Varieties
13 Oz Aerosol Can
\$4⁹⁹

**Florida's Natural
Orange Juice**
Selected Varieties • Grapefruit
Or Orange Blends • 52 Fl Oz Crtn
2/\$7

Frozen Deals. . .

**Popsicle Ice Pops Or Frozen Dairy
Dessert Bars**
Selected Varieties
10.96 To 29.7 Fl Oz Box

\$4⁹⁹



**Ben & Jerry's
Ice Cream**
Selected Varieties
15 To 16 Fl Oz Cntr
2/\$8



**Organic
Produce Deals**
Organic White Or Red
Seedless Grapes

\$4⁹⁹
lb.



**Organic Whole
Baby Bella Mushrooms**
High In Potassium
8 Oz Pkg
\$3⁴⁹
ea.



**Organic
Fresh Bananas**

\$1²⁹
lb.



Produce Deals. . .

**Fresh
Blueberries**
Loaded With Vitamins & Minerals
1 Pint Pkg

\$3⁹⁹
ea.



**Sweet California
Peaches**
Sweet & Juicy

\$3⁴⁹
lb.



**Fresh
Red Plums**

\$2⁹⁹
lb.



**Loose Red
Potatoes**
\$1³⁹
lb.

**Fresh Express
Salad Kit**
Selected Varieties
6 To 11 Oz Bag
\$3⁹⁹
ea.

**Ripe
Avocados**
Ready To Be Eaten
3/\$5

**New Zealand
Green Kiwi**
1 Lb Pkg

\$5⁹⁹
ea.



**Large Purple
Eggplant**

\$1⁴⁹
lb.



**Yellow Or Green
Squash**
Garden Fresh
Young & Tender

\$1⁴⁹
lb.



**Little Potato Company
Mini Red Potatoes**
Or Yellow
1 Lb Pkg
\$3⁹⁹
ea.

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www.poundridgemarket.com
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Hours: Monday - Friday 7am - 8pm
Saturday & Sunday 7am - 7pm



Grocery • Specialty • Organic • Bakery • Deli • Cheeses

Barilla Pasta
Selected Varieties
12 To 16 Oz box

2/\$3

Cheeze-It Baked Snack Crackers
Selected Varieties
7 Oz Box
3/\$8

Bumble Bee Chunk Light Tuna
Selected Varieties
2.5 Oz Pouch Or Chunk Light Tuna In Water Or In Oil • 5 Oz Can
2/\$3

Gulden's Mustard
Yellow • Brown Or Stone Ground Dijon • 12 Oz Squeeze Btl
3/\$5

Poland Spring Water 24 Pack
16.9 Fl Oz Btls • 405.6 Fl Oz Pkg
3/\$12
Plus Tax & Deposit

Dunkin' Coffee K-Cups
Selected Varieties
10 Ct • 3.5 To 5.1 Oz Box
\$6.99

California Olive Ranch Extra Virgin Olive Oil
Global Blend For Everyday
25.4 Fl Oz Btl
\$15.99

Ken's Steak House Salad Dressing
Selected Varieties
24 Fl Oz Btl
\$4.99

Royal Oak Hardwood Lump Charcoal
100% Natural
15.44 Lb Bag
\$16.99
Plus Tax

Carbone Pasta Sauce
Alfredo Or Simmer Sauce
Selected Varieties • 15 To 24 Oz Jar
\$8.99

Vintage Seltzer 12 Pack
Selected Varieties
12 Fl Oz Cans • 144 Fl Oz Pkg
\$3.99
Plus Tax

Seventh Generation Dish Liquid
Selected Varieties
19 Fl Oz Btl
2/\$7
Plus Tax

Poland Spring Sparkling Water 8 Pack
Selected Varieties
16.9 Fl Oz Btls • 135.2 Fl Oz Pkg
3/\$9
Plus Tax & Deposit

Chock full o'Nuts Ground Coffee
Selected Varieties
10.3 To 11 Oz Can
\$7.99

Seventh Generation Liquid Detergent
Lavender Or Free & Clear
90 Fl Oz Btl
\$12.99
Plus Tax

Scott 1000 8 Rolls Bath Tissue
One-Ply • 8000 Ct Pkg
\$7.99
Plus Tax

Skinny Pop Popcorn
Selected Varieties
4.4 To 5.3 Oz Bag
2/\$7

Nabisco Oreo Or Chips Ahoy! Cookies
Selected Varieties
9.2 To 13.29 Oz Pkg
2/\$7

Quaker Chewy Granola Bars
Selected Varieties
6.3 To 7.4 Oz Box
2/\$7

Annie's Deluxe Shells & Cheddar
Selected Varieties
11 To 11.3 Oz Box
2/\$8

Keebler Ice Cream Cones
Selected Varieties Or Waffle Bowls • 3.25 To 7 Oz Box
\$3.49

Delicatessen

Boar's Head Oven Gold Turkey Breast
\$14.99 lb.

Boar's Head Boiled Ham
\$13.99 lb.

Boar's Head Bologna
\$9.99 lb.

Boar's Head American Cheese
\$6.99 lb.

Seafood Salad
The Market's Own!
\$12.99 lb.

BBQ Beans
The Market's Own!
\$6.99 lb.

The Market Bakery Rainbow Cake
8"

\$28.99 ea.

Chabaso Bakery Ciabatta Rainin' Grains Loaf

\$5.50 ea.

Apple Cider Donuts 4 Pack
The Market's Own

\$6.50 ea.

Chef's Case

Grilled Swordfish
The Market's Own!
\$20.99 lb.

French Lentil
The Market's Own!
\$8.99 lb.

Foods To Go

Plain Fried Rice
The Market's Own!
\$6.99 lb.

Guacamole
The Market's Own!
\$11.99 lb.

Cheeses From Around The World!

Jarlsberg Cheese
\$13.99 lb.

Manchego Raw 6 Months
\$24.99 lb.